



BÍ CINEÁLTA

We want everyone in our school to feel safe and happy. We are a telling school.

What is bullying behaviour?

Bullying behaviour is when someone is:

- being mean or hurtful
- on purpose
- over and over again

Tell Someone!

If you think that you or someone else is being bullied, you need to tell a teacher or another adult you can trust. They will know what to do to help.

What will happen next?

Adults Will:

- listen to you
- ask you what you want to happen
- work out a plan with you
- do what's best for everybody involved